



Further We Rise Collective with Sacred Rock launch their 2-year project Honouring Our Grandmothers Healing Journey with three days of ceremony, teachings and storytelling respecting Mother Earth. Includes a day with Wild Salmon Caravan and their cedar planting ceremony and giveaway.

The focus is on personal, family, and community healing journeys, which take strength, truth, and courage. The environment created will be a safe, respectful place, valuing all human emotions. Where we bring together all that was displaced, lost, taken, or destroyed in our indigenous lives, to empower ourselves, by reconnecting with powerful women now and from the past by Honouring Our Grandmothers and all their beautiful traditional teachings, strengths, and resiliency.

Further We Rise and the Wild Salmon Caravan will honour through storytelling, teachings, and ceremony connected to mother earth. Remembering and acknowledging the Grandmothers who traveled to the Downtown Eastside, the Grandmas who passed on, and the Grandmas who are with us now. Their life stories and their important roles of caring for us all with the great mystery: the land, water, fire, air, plants, animals, the wild salmon, and people, which provided us with our food, shelter, warmth, balance, respect, and love.

At this 2021 first year launch is the presentation of the first of seven "Honouring Our Grandmothers" BC first nations travelling message chests by Further We Rise. This provides a healing way through culture, arts and ceremony. People will be invited to insert their messages in the chest as a written letter, song, poem, photo, art, etc. to their ancestors, their grandmothers, their family, and the lands, waters and salmon in honor, grief, and celebration to be properly respected, released and laid to rest. These ceremonies are to "bring the Grandmothers spirits and memories home" to their families, homes, communities, and their salmon birth and death places, their hearts beat forever in the high mountains of their nations and neighboring territories.

We unite communities in Honouring Our Grandmothers as the heart of us all, connecting each family member. There will be the Grandmothers chest, the Grandfather's chest, the Mother and Daughter chest, the Father and Son Chest, the Youth Chest, the Childrens chest and the Babies Chest with the HRG symbol inside each one of the honour chests. These chests will be carried in and out by 4 indigenous youth honor chest guardians. As we feel through, recognize, and release the generational indigenous traumas we all survived, our youth gain a better understanding, together we lighten griefs burden for a healthier stronger future.

The "Honoring Our Grandmothers" travelling message chests will move in timing of seasons of the lands, water, and salmon reflective of the birth and death cycle of mother nature. With a planned route a runner will take them on, through Nation to Nation to the next. Each message chest placed in the farthest north, east, south, and west position of the British Columbia territories not limited to provincial or USA borders.

Making their way to specific meeting locations where sacred ceremonies are conducted. The first ceremony area is in the high mountains where attributing waters flow from, to the important salmon spawning beds of the Fraser and Thompson rivers, where the second ceremony is done with the travelling chest.

All the travelling message chest will move down the Thompson and Fraser River channels, taking the salmon route of the waters stopping in Vancouver DTES carrying on to the Pacific Ocean, returning back upriver completing the salmon cycle to die at the spawning bed and to the mountains closing the journey.

These relationships will unite indigenous peoples and the community at large with all that is sacred, spiritual, grounded and empowering to help us heal, focus, and grow ourselves with the next generations. To provide hope for the future, by working hard to leave them with the same natural gifts Mother Earth has given us all, it's our born responsibility.

Honouring Our Grandmother Healing Journey asks you to join us on this remarkable indigenous inspired voyage.